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Aadi Pandit

सितम्बर २०२१ September 2021

हिन्दू सत्संग समाचार

Hindu Satsang Samachar

www.HinduSatsang.org

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Hindu Satsang Updates

By Shivam Viswanathan

Sadar pranaam to all Satsangis!
Hindu Satsang hosted its Krishna **Janmashtami celebration** on August 22nd (Sunday) at 10 am. This year it was streamed virtually over Zoom. Many children and adults showcased their awesome talents. Overall, it was a very entertaining program. **Ramlila** will be celebrated on Saturday, 16th October from 3:30 PM to 6:30 PM in Rathi Auditorium followed by the Ravan Dahan. Every year, Hindu Satsang collaborates with the HTGC temple to conduct Bal Ramlila performance. Please contact Sh. Nand Parkash or any of our education coordinators for participation and further details.

The Sunday School for children at Hindu Satsang started on August 29. Please contact the education coordinators for admission or if you need further details.

This month's congregation will feature Shiv-Shiva Satsang group, led by Smt. Karuna Gupta and our speaker would be Dr. Shantaram Kane and his presentation would be on "Curiosity Driven Explorations". More details about our guests are on the last page of this newsletter.

Following are some main festivals/events coming up in the next 30+ days, our best wishes to everyone (dates may vary based on the location/calendar): **Navratri** starts on October 6th and ends with **Vijayadashami** on the 10th day, which falls on 16th October. **Karva Chauth** is on Sunday, October 24. **Pitru Paksha** (Monday, Sep. 20, 2021, to Wednesday, Oct. 6, 2021) is a 16 lunar day period in the Hindu calendar, when Hindus pay homage to their ancestor, especially through food offerings.

Hoping to see you all on Sunday, September 26th during our virtual Hindu Satsang congregation program. Please stay safe and take care.



नमस्ते

Page 2:

Birthdays
& Anniversaries

Page 3:

- ये हलचल (Poem)
- स्वतंत्रता व कर्मयोग

Page 4:

- Janmashtami Update

Page 5: Quiz

Page 6:

- Answers to Quiz
- Invitation

Page 7:

- Shradhanjali
- Congratulations

Page 8:

- Congregation details

IN
THIS ISSUE



Happy Birthday Month to our Satsangis born in September



Abhinav Singh	Aditya Kapoor	Ajay Sharma	Akash Garg	Alka Gupta
Amit Punwani	Anish Kapoor	Avanti Gupta	Deepali Punwani	Deepika Bhagwat
Jagdish Madhav	Joy Dhar	Jyotsna Vyas	Kanan Dhingra	Kern Wasan
Kiran Madhav	Kavya Nangia	Laxman Singh.	Madhu Uppal	Naval Arora
Nitin Vyas	Raj Agnihotri	Ramesh Malhan	Reema Jain	Satendra Singh
Smriti Shah	Surendra K. Mittal	Vimal Sharma	Vivek Raheja	Vivek Raheja
			Divya Grover	Vijay Nangia



हिंदी

हिंदी

हमारी हिंदी

राष्ट्र भाषा है हिंदी

हिन्द देश की आन है हिंदी

संस्कृत की लाडली बेटी है हिंदी

हिंदुस्तान की तो मातृभाषा है हिंदी

हमारा मान,सम्मान,अभिमान है हिंदी

हिंदुस्तान के माथे की तो बिंदी है यह हिंदी

सुंदर, मीठी, सरल और सहज भाषा है हिंदी

हम सबकी एकता की अनुपम परंपरा है हिंदी

सब जन को एकसूत्र में पिरोने वाली डोर है हिंदी

काल को जीत लिया वो कालजयी भाषा है हिंदी

स्वतंत्रता की अलख जगाने वाली भाषा है हिंदी

जिसके बिना हिंद थम जाए वो भाषा है हिंदी

गुलामी की जंजीर तोड़ने वाली थी हिंदी

हिंदुस्तान की तो जीवन रेखा है हिंदी

वीर सपूतों की लाडली है हिंदी

स्वतंत्रता की कहानी है हिंदी

पराई नहीं अपनी है हिंदी

आपकी भी है हिंदी

मेरी भी है हिंदी

सबकी हिंदी

हमारी हिंदी

हिंदी

जन्मदिन की शुभ कामनाएँ

Happy
Anniversary Month

Rashmi &
Vinod Gandhi

Hindu Satsang's

Website address:

HinduSatsang.org

Hindu Satsang's

Facebook page:

[facebook.com/](https://facebook.com/HinduSatsangUSA)

HinduSatsangUSA

We have more than
100 followers, please

Like & Follow

for latest updates.

LEARN
Hindi
START SPEAKING TODAY



ये हलचल

- उमा नाथ

ना जाने कब से परेशान है दिल
करता रहता है कल कल,
बिलकुल है सच्चाई इसमें
किस्सा है जीवन की हलचल /

जो कल सच्च था, वो आज झूठ है
जो आज झूठ है, वो कल सच्च होगा,
क्या ठीक है, क्या गलत है
ना जाने कब, इसका फैसला होगा /

कितनी मुश्किल से पूर्ण किया है, आज जो काम
कल उसी जगह से एक और काम, फिर से शुरू होगा //

जितना ही सुलझाया जिसको
उतना ही उलझते गये हम,
कठपुतली बन नाचे, जिन लकीरों पर
वो लकीरें हैं खुशी और गम /

आज कल परसो
ये तो है, बस वक्त का एक चलन
और आते जाते सवाल हैं
ठीक गलत, सच्च झूठ, मृत्यु और जीवन /

उमा कहे----
सदियों से जिसने साथ निभाया
वो रिश्ता है, किस्मत और कर्म /
कुदरत के उसूलों पर बनता बिगड़ता ये खेल,
युगों युगों तक रहेगा कायम //



स्वतंत्रता व कर्मयोग

- उमा नाथ

भारतवर्ष के इतिहास में, अगस्त मास का एक विशेष
स्थान है। एक ओर श्री कृष्ण जी का जन्म दिवस
(जन्माष्टमी) और दूसरी ओर स्वतंत्रता दिवस।

<Continued on right column...>

योगी राज श्री कृष्ण का जीवन अनूठी लीलाओं से भरपूर
है, परन्तु महाभारत कांड में, उनके श्री मुख से उत्तम
उपदेश का जो उच्चारण हुआ, पवित्र ग्रंथ भगवत गीता में
इसके वर्णन से, भारतीय सभ्यता गौरवमय हुई।

भूतकाल में, दो शताब्दी से, भारतीय, आतताइयों के
अत्याचार व अधीनता से पीड़ित रहे, आत्मशक्ति और
स्वाभिमान से प्रेरित हो, अनेक वीर देशभक्त समय समय
पर स्वदेश के इस स्वतंत्रता संग्राम में, त्याग और बलिदान
की आहुती देते रहे। उनके इस योगदान से अन्ततः
भारतमाता स्वाधीन और गर्वनित हुई।

श्रीकृष्ण वचनानुसार मनुष्य जीवन कर्म प्रधान है।
सामान्य रूप से, प्रत्येक व्यक्ति अंतरीय स्तर पर सुखमय
व मुक्तभाव की कामना रखता है। परन्तु स्वाभाव से
स्वार्थ तत्वों से ग्रसित है। दोनो प्रकार की भावनार्यें
परस्पर विपरीत हैं। इस द्वन्द्व फलस्वरूप भ्रष्टाचार की
इच्छा उत्पत्ति होती है।

इस धरा पर जीवन परिवर्तनशील है। भिन्न भिन्न समय
पर घाटित, परिस्थितियाँ, उनसे प्रकट हुए दृष्टान्त व
सम्बंधित दृष्टिकोण बाहरीय रूप से विभिन्न प्रतीत होते
हैं। पर उनके मूल में स्थित, मनुष्य प्रवृत्ती का वही
अहंकारी अंश है। इस कारणवश उत्पन्न समस्याओं के
उन्मूलन का आधार, वही दैविक सिद्धांत है, जो सदैव
अटल है। अतः स्वाध्याय, संवेदना, गुणवान चरित्र परख
व सद्कर्मों का पालन अति आवश्यक है।

स्वतंत्रता स्वयं में कभी भी स्वतंत्र नहीं होती, सदा कर्तव्य
के अधीन होती है। गीतासार का अर्थ “कर्मयोग सर्वश्रेष्ठ
है “यही श्रीकृष्ण जी का निर्देश है।

जो दीन दशा भारतवर्ष की दवापर युग में महाभारत के
समय थी, वही अंग्रेज़ राज्य के समय थी। वही हीन
अवस्था अब वर्तमान में, संसार के हर देश की है

“जो सामने है, वो नहीं है “

“जो नहीं है, वो है “

इस चेतावनी पूर्ण सत्य को सहजता से कौन समझे ?
अन्यथा ----- अधीनता का अंधकार !
“करोना “का संसार --या --“करो ना “भ्रष्टाचार !!
ये संघर्ष ----- ये कोलाहल --- ये हलचल !
इस मध्यान्त ----- नियमानुसार।
कर्मगति क्रियाशील ----- निरन्तर व निश्चल !!



A Brief Update:

Hindu Satsang's Krishna Janmashtami Program

By: **Shivam Viswanathan**



On August 22, 2021, the Hindu Satsang hosted its annual Krishna Janmashtami Program. Since the Delta variant spread was on the rise at that time, this program was conducted online. The following are the program items and the amazing participants. A huge round of virtual applause to all of them:

1. Kathak Dance on Ganesh Vandana by Kavya Nangia
2. Achyutam Keshavam Bhajan by Anushka Sabharwal.
3. Saare Jahan se achcha - Sreeja Parikh
4. Om Bhur Bhuva by Neelan Choksi
5. Avani Grover - Dance performance on Radha song
6. Hindi Patriotic song by Sh. Manish Jain
7. Dance performance by Saanvi Sethi.
8. National Anthem history and musical presentation (piano performance) by Aadya Agrawal
9. Meera Bhajan - Payoji Maine, Ram Ratan Dhan Payo by Jai Viswanathan
10. Badi Der Bhae Nand Lala - bhajan by Sh. Daljit Sabharwal, Smt. Prem Sabharwal, Smt. Mansi Sabharwal (daughter in law), and grandson Rajvir Sabharwal
11. Hanuman Chalisa by Krishna Pareenja
12. Kathak Dance on Krishna directed by Smt. Bindu Pathak by Aayush Chhajer, Aanya Sullivan, Riya Sullivan, Tanishi Mishra
13. Vande Mataram on Sitar by Smt. Rashmi Gandhi

14. Patriotic medley by Sadhana Students
Junior participants: Arushi Patel, Nishika Dubey, Ahna Seth, Pranikha Poosaa, Gauri Jain, Ameya Vora, Kavya Vora and Sanaya Malhotra

Senior participants: Khushi Jain, Vidhi Patel, Kanchi Suri, Gayatri Vasudev, Kavya Sheth, Dia Badanahatti, Ananya Deepak, Neelam Jain, Rashmi Gandhi
Teacher: Smt Nirmita Dholakia.

Krishna Bhajan

15. Krishna Bhajan by Harsha Gandhi

16. Desh Prem - Patriotic Poem by Manju Kalra

17. Patriotic song - "Aao Bachon" by Hans Upadhyaya

18. Bhajan "Baje Badhai Nand Dware" by Smt. Kanchan Pandey

19. Krishna Bhajan by Smt. Bhadra Shah

20. Bhajan - "Woh Kanha" by Ansh Sethi

21. Tabla and Kathak Jugalbandi directed by Bindu Pathak

Participants: by Aayushi Chhajer, Aanya Sullivan, Riya Sullivan, Tanishi Mishra, Akshay Talreja, Ashwin Nair, Sudhanva Vasistha, Vraj Patel

22. Bhajan "Acutam Keshavam" by Vishesh Gupta

Our young and dynamic youth coordinators flawlessly orchestrated all the performances and kept the audience enthralled, thank you, **Alyssa Shroff** and **Aadi Pandit**.

How can we forget to thank the hardworking behind the scene event coordinators, **Smt. Rashmi Gandhi** & **Smt. Renu Garg**. Thanks to **Nand Parkash ji** for hosting the Zoom meeting and playing the videos on cue.

Overall, it was an amazing amalgamation of young & old, and a beautiful celebration with a mix of Janmashtami, Rakhi, and Independence Day.





How much do you know about Ravana?

Quiz



In India, parents and grandparents often read Ramayana to their children as a bedtime story. Through Ramayana, we impart invaluable lessons to children about the triumph of good over evil. "Ravana" may also be defined as the bad qualities one has within themselves that must be eradicated. What is your knowledge of Ravana, the antagonist? Take this short quiz to find out:

1) Dussehra is celebrated for ...

- A) the birth of Sri Ram
- B) the return of Sri Ram to Ayodhya
- C) the day Ram killed Ravana
- D) the day Indrajit was killed

2) How many heads did Ravana have?

- A) 9
- B) 10
- C) 108
- D) 1008

3) Who can not kill Ravana according to the boon given by Brahma?

- A) gods
- B) demons
- C) gandharvas
- D) all the above

4. Who were the parents of Ravana:

- A. Vishrava and Kaikei
- B. Tadka and Marech
- C. Hidamba and Kuber
- D. None of the above

5. Among the following, who is not a sibling of Ravana:

- A. Kumbhakarna
- B. Vibhishana
- C. Maricha
- D. Shurpanakha

6. What is the name of Ravana's book on astrology?

- A. Ravana Sanhita
- B. Arka Prakasham
- C. Shani Sanhita
- D. None of the above

7. Name the weapon used by Ram to kill Ravana in the battle fought at Lanka?

- A. Pashupastra
- B. Brahmastra
- C. Nagastra
- D. Shastra

8. When Ravana was dying, to whom did he impart his valuable teachings?

- A. Kubera
- B. Lakshmana
- C. Kumbhakarna
- D. None of the above

9. Ravana's favorite musical instrument was ...

- A. Veena
- B. Flute
- C. Dhol
- D. Mridang

10. Who was the king of Lanka before Ravana?

- A. Vibhishan
- B. Vishrava
- C. Kuber
- D. Maricha

11. Who was the king of Lanka after Ravana's death?

- A. Vibhishan
- B. Vishrava
- C. Kuber
- D. Maricha

Answers to these questions are on the next page. Let's see how many of the 11 questions you answered correctly. Consider yourself an expert in this subject if you answered all of them correctly. I wish you all the best!

<Continued on the next page ...>

Answers to Ravana Quiz



1. (C) The day Ram killed Ravana.
2. (B) 10 heads, hence the name "Dash" which means 10, and "aanan" means head.
3. (D) Ravana had acquired a boon from Lord Brahma by beseeching that no god, demon, kinnar or gandharva could ever kill him. He was granted this boon, little knowing that he did not seek the boon for protection from human beings. It was Ram, as a human, who ultimately killed Ravana.
4. (A) Vishrava and Kaikesi. Ravana's parents were sage Vishrava (son of Pulastya) and Kaikesi (daughter of Sumali and Ketumati).

<Continued on the right column>

5. (C) Maricha. Maricha was Ravan's maternal uncle, as Thataki was the mother of both Maricha and Kaikasi.

6. (A) Ravana Sanhita

7. (B) Brahmastra

8. (B) Lakshmana

9. (A) Veena. Ravan was an extraordinary veena player. In many depictions of Ravan, he can be seen playing veena. It is believed that he had a keen interest in music and was a highly accomplished veena player.

10. (C) Kuber. The scriptures describe that Kuber once ruled Lanka, but was overthrown by his half-brother Ravana.

11. (A) Vibhishan. After Ravana's death, he was succeeded by his brother, Vibhishan.



Hindu Satsang Ramlila

Saturday, October 16th
from 3:30 pm to 6:30 pm,
followed by Ravan Dahan.



आप सभी सादर आमंत्रित हैं
**You are all cordially
invited**

Venue: Rathi Auditorium,
Lemont Hindu Temple.



Shraddhanjali

By Sh. Ramesh Malhan
Shraddhanjali to Satya Pal Kalra



Sh. Satya Pal Kalra father of Smt. Madhu Uppal left for a heavenly abode on 26 August 2021. May God Almighty bless his soul with perfect peace, his mind ever desired, and give strength to the family to bear the loss.

Om Shanti Shanti Shanti Om!



Shraddhanjali

We are very sorry to share this sad news about Shivam Viswanathan's mother, **Mrs. Bala Viswanathan** left for her heavenly abode on 21st August in Coimbatore, Tamil Nadu, India. She was 81.
ईश्वर उनकी आत्मा को पूर्ण शांति प्रदान करें।

Om Shant, Shanti, Shanti.

Congratulations

Sh. Jug Uppal's mother, Smt. Vidya Uppal, became a celebrity last month and made headlines.

August 2021 has been a landmark month for *mataji*, who has been a resident of Naperville since 2006. On August 18, she became a naturalized citizen of the United States and two days later, on August 20, she celebrated her 105th birthday with family, a few friends, and an officer of the United States Citizenship and Immigration Services (USCIS). The officer presented her with her naturalization document.



As Smt. Madhu Uppal informed, that she loves Hindu Satsang. She loved singing bhajans at every meeting that she attended, including many Janmashtami programs! May God bless her so that she can continue to bless us and the Uppal family for many many years to come.



Hindu Satsang Sunday Congregation, September 2021

Sunday



10 AM CST

Everyone is
cordially
invited

Join us online

Time: 10 am CST on Sep. 26 (Sunday)

Mark your calendar

[Click Here to join Zoom](#)

[or use the following zoom link:](#)

[https://us02web.zoom.us/j/87013160986?
pwd=b0JYRDFhUEXjQksveVErUVVGcDdQZz09](https://us02web.zoom.us/j/87013160986?pwd=b0JYRDFhUEXjQksveVErUVVGcDdQZz09)

Congregation Agenda:

Convener: Shivam Viswanathan

10:00 am: Vedic Pooja

10:10 am: Bhajans by Satsangis

10:30 am: Guest Singer:

Smt. Karuna Gupta

11:00 am: Guest Speaker:

Dr. S. G. Kane

Topic: Curiosity-
Driven Explorations

11:45 am: Announcements followed
by Aarti



The following is a brief introduction to our guest singer, Smt. Karuna Gupta and guest speaker, Dr. S. G. Kane. Please join us on 26th September through Zoom meeting to listen to them.

Hindu Satsang is delighted to welcome Shiv-Shiva Satsang group, led by **Smt. Karuna Gupta**, for the September meeting. This is a spiritually active group singing bhajans in a unique family style throughout the Chicago area for the last 30 years. The sole purpose of this group is to keep 'bhakti-jyoti' lit. Karuna Gupta lives in Skokie with her husband Dr. Krishna Gupta, both have been very active in community activities. Other group members to perform are - Kanchan Vij (also on Harmonium), Prema Sharma, Priti Parikh, Shanti Dixit, Veena Katariya. Satsangis will sing bhajans praising deities (Shri Radhe-Krishn and Shri Ganesh) related to recent festivals - Krishn-Janmastmi, Ganesh-Chaturthi and Radha-Astami.

Our Guest speaker will be **Dr. S. G. Kane** and he'll be talking about "*Curiosity-Driven Explorations From Herbal Oil Extracts to Affordable healthcare*". Dr. Shantaram Kane is a Chemical Engineer. He earned a B.Tech from IIT Bombay [1965] and S.M. and ScD. From M.I.T. USA [1971]. He worked for 26 years in several companies at senior levels in the management of Technology and R&D. He was an Adjunct Professor of Chemical Engineering at IIT-Bombay from 2001-13, where he initiated and was actively involved with research on Bhasma and Homeopathy. He has been doing personal curiosity driven explorations in Ayurveda since 1983.