

हिन्दू सत्संग समाचार Hindu Satsang Newsletter



जुलाई २०१९ ॐ July 2019

Pranaam!! Greetings to all Satsangis. Summer is warming up and so is our events scenario. We just had our annual summer picnic on July 14th. A big shoutout to our Special Events coordinators Kanchan ji and Shammi ji for doing such an amazing job in organizing the picnic. The weather was sizzling hot and humid but that could not dampen the spirits of our satsangis. Here are some of the pictures from the picnic at our Hindu Satsang Facebook page:

<http://bit.ly/julysummerpicnic2019>.

While you are at Facebook, please **Follow** and **Like** Hindu Satsang page to stay tuned to the latest updates.

We will have our annual **Krishna Janmashtami program** on Aug 25, in place of our regular monthly congregation. Please contact Special Events coordinators if you would like to participate in the program. Due to time restrictions, please limit to one item per person/group, duration not exceeding 4 minutes - this is to ensure that everyone gets an opportunity to perform and we wrap up on time for lunch.

The guest speaker for our June congregation was Ms. Jyotsna Patel who spoke about achieving a healthy lifestyle through meditation. We thank her for taking time out of her busy schedule and sharing some of her invaluable experiences with us. Our guest singer could not make it due to some unavoidable circumstances, we really appreciate Gayatri Vasudev for stepping in at the last minute with some of her melodious bhajans. Gayatri's velvety voice held the audience spellbound.

Wish you all a very happy
Nag Panchami (August 5),
Raksha Bandhan (August 15) and
73rd Independence Day (August 15).

Hoping to see you all on Sunday,
July 28 at 10 am for our monthly
congregation at HTGC Temple.
Namaste - *Priya Viswanathan* 🌸



Guest speaker:
Ms. Jyotsna Patel



Guest singer:
Gayatri Vasudev

Gen. Coordinator
Hersh Sabharwal
630-853-2978

Past Gen. Coord.
Uma Aggarwal
708-220-1845

Publication
Priya Viswanathan
312-493-5443

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Subhash Sharma
815-751-6624

Prasad
Manju Kalra
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630-550-1386

Education
Nand Parkash Garg
630-750-6669
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815-861-5530
Amitabh Gupta
630-209-7319

Finance
Madhu Gupta
630-915-1281

Special Events
Kanchan Pandey
630-835-7521
Shammi Wahi
630-674-2883

Webmaster
Jai Viswanathan

Youth Coords.
Darsh Kapadia,
Saanvi Sethi &
Preena Shroff

June Aarti Collections



Check

Biswas and Urmil Rawal \$21
Daljit and Prem Sabharwal \$51

Cash \$56

Grand Total \$128

जन्म दिन की हार्दिक शुभकामनायें!

Ajay Sharma	Anuj Dhingra	Ekta Punwani	Pradeep Goel	Neeraj Gupta	Mohan Sharma
Amita Sachdev	Asha Sharma	Falguni Gandhi	Rahul Pandit	Neeru Kothari	Naman Agarwal
Anika Gupta	Brij Sharma	Gopal Sharma	Sarika Gupta	Niti Bhargava	Nand Parkash Garg
Anil Gunya	Chetan Kumar	Gul Bhatia	Naresh Jain	Piyush Joshi	Vishwanath Agarwal
Ansonia Sood	Darsh Wasan	Jug Uppal	Navin Tyle	Poonam Singh	Vaibhav Upadhyay
Satish Gupta	Vivek Trivedi				

शादी की सालगिरह पर हार्दिक शुभकामनायें!

Amit and Priyanka Dhingra	Neeru & Ajay Kothari	Naresh & Darshna Jain
Kanchan & Amit Gupta	Sharda & Ravinder Saini	Tara & Satya Pal Kalra

2019-20 Hindu Satsang Sunday School Registration

Enrollment is open for 2019-20 academic year for the Hindu Satsang Sunday School. Please enroll early by completing the online Registration form at the link (and QR code) below. Please print the completed form (received as a pdf attachment in the confirmation registration email) and mail with the donation check.

Kindly please secure a spot for your child at the earliest to help us plan for school and the Ramlila program which is earlier this year on October 12.

Please feel free to pass this information to other parents who may be interested in Sunday School.

Orientation day for the Sunday School is on September 8, 2019, 2-4pm. Registration link and QR code are provided here:

<http://rebrand.ly/Sunday-School>



Hindu Satsang's Krishna Janmashtami Cultural Program

This year the Krishna Janmashtami cultural program will be held on **Sunday, August 25th** starting at 10:00 am in Rathi Auditorium. If anyone interested in presenting cultural item, please contact Special Event Coordinators - Ms. Kanchan Pandey: 630-835-7521 or Ms. Shammi Wahi - 630-674-2883.

Hindu Satsang @ Indian Community Outreach 2019 India Day Parade

Hindu Satsang invites you to join us at the 2019 India Day Parade on August 11th 2019. Parade starts at 4pm from Naperville Central High School, 440 Aurora Ave, Naperville, IL. Line up begins at 2pm. Show your pride for Hindu Satsang by joining us in large numbers!!!

Below is a photo from Hindu Satsang Summer Picnic, more pictures at our Facebook page - to stay updated, **LIKE** and **FOLLOW** our Facebook page.

Birthdays and Anniversaries are posted on Hindu Satsang's Facebook page by 5th of the month. If you see any issues or names missing, please let me know before 8th of the month so that it gets printed correctly in the newsletter. Also, if you would like to share your news with your fellow satsangis, please send me an email with details at: kpriya10@yahoo.com



Wish you all a Very Happy 73rd Independence Day

No More Missing Newsletters!!!

Please go to the following link to get the latest Hindu Satsang Newsletter (and the previous Newsletters too):

www.hindusatsang.org/newsletter

Newsletters are generally published at least 3 to 4 days before the 4th Sunday of the month.



Festivals in August - Nag Panchami

When is Nag Panchami this year: Monday, August 05, 2019.

When is Naga Panchami celebrated?

Nag Panchami is celebrated on the fifth day (Panchami) in Shukla paksha (i.e. in the bright half, after the new moon) of the month of Shravana. This falls in the month of July or August.

What is Naga Panchami celebration about?

The word Nag in the Sanskrit language means snake. Nag Panchami is a traditional worship of snakes observed by Hindus all over the world. Snake idols are offered milk and incense to help the worshipper gain knowledge, prosperity, and fame.

Association of snakes and Hindu Gods and

Goddesses: Snakes play prominent roles in various legends. Shiva wears a snake called Vasuki around his neck and his two sons - Ganesha wears a snake belt and Kartikeya has a snake close to him. Vishnu sleeps on a snake called Adi Shesha or Shesh Nag. Lashman and Balaram are considered to be the avatar of Shesh Nag. Another snake described in our Hinduism was the Kaliya snake who poisoned the entire Yamuna river. Later Krishna confronted and made him leave the river. A Snake goddess prayed in North and North East India is Mansa Devi (sister of Vasuki).

The legend about Naga Panchami:

In the Mahabharata, "Sarpa Satra" yagna was being performed by Kuru King Janamejaya to completely eliminate the snake species from the face of the earth. King Janamejaya was avenging the death of his father Parikshita who died due to a snake bite. Sage Astika saved the snakes species from extinction by stopping King Janamejaya's fire sacrifice yagna. Since then, that day is observed as Nag Panchami.

Scientific explanation:

Hinduism recognizes the need to protect species which could be prone to killing and ultimate extinction due to fear and danger from them. Snakes contribute a lot to ecological balance and hence need to be respected and preserved. It is found to be difficult to make people realize that nature's balance should not be disturbed by killing certain animals. By associating snakes with Gods, it provides protection to snakes so that they can thrive and not go extinct. 🌸

QUIZ: Vahanas of the Hindu Gods

Most of the Hindu deities have a particular animal as their vehicle or vahana. Vahana in Sanskrit means "which carries or pulls". So important are the vahanas that deities are seldom depicted without their corresponding animals or birds. These vahanas represent the various spiritual and psychological forces that carry each deity and represent it. Take a ride on this quiz and see how many of the vahanas (right side) you can drive to their respective deity on the left:

DEITIES

1. Aditya (Sun)
2. Agni
3. Brahma
4. Durga
5. Ganesha
6. Indra
7. Kartikya
8. Lakshmi
9. Saraswati
10. Shakti
11. Shani
12. Sheetala
13. Shiva
14. Vayu
15. Vishnu
16. Yama

VAHANAS

- a. Bull
- b. Crow
- c. Donkey
- d. Elephant
- e. Garuda, & Adi Shesha(serpent)
- f. Lion
- g. Male Buffalo
- h. Mouse
- i. Nandi (the bull)
- j. Owl
- k. Peacock
- l. Ram
- m. Seven Horses
- n. Seven Swans
- o. Swan
- p. Thousand Horses

ANSWERS:

1. Aditya (Sun) - m. Seven Horses, 2. Agni - l. Ram, 3. Brahma - n. Seven Swans, 4. Durga - f. Lion, 5. Ganesha - h. Mouse, 6. Indra - d. Elephant, 7. Kartikya - k. Peacock, 8. Lakshmi - j. Owl, 9. Saraswati - o. Swan, 10. Shakti - a. Bull, 11. Shani - b. Crow, 12. Sheetala - c. Donkey, 13. Shiva - i. Nandi (the bull), 14. Vayu - p. Thousand Horses, 15. Vishnu - e. Garuda, & Adi Shesha (serpent), 16. Yama - g. Male Buffalo.

ANIMAL CHARACTERS IN RAMAYAN

Hinduism's compassionate way of living, treats all living beings from animals down to insects and tiny creatures with great respect as aspects of God, having souls of their own, going through the same process of births and deaths as human beings. Here are some of the important animal characters in Ramayan:

The great birds - Jatayu and Sampati;

The monkeys - Hanuman, Vali, Sugriva, Angada, Nala and Nila;

The bear king - Jambavan,

and even the squirrels who helped to build Rama's bridge (Ram Setu) to Lanka. 🌸

Hindu Satsang Samachar

C/o Priya Viswanathan
2216 Feldott Ln.
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www.facebook.com/HinduSatsangUSA

<http://www.hindusatsang.org>

Hindu Satsang, July Congregation (Held every 4th Sunday of the month)

Date: July 28, 2019 (Sunday)

Time: 10 am to 12:30 pm

Location: HTGC Temple, Lemont.

Agenda for Sunday, July 28

Convener: Mrs. Kanchan Pandey

10:00 am: Prayer and Bhajans by
Satsangis

10:45 am: Guest Singer and speaker

Ms. Nirmita Dholakia

11:45 am: Announcements and Aarti

12:00 noon: Lunch (Preeti Bhojan):

Sponsored by:

Ms. Kanchan Pandey, Ms. Madhu Gupta,
Ms. Nisha Oza and Ms. Purnima

Raigaga. 🌸

About our Guest speaker and singer for this month:

Ms. Nirmita Dholakia

Topic: Madhurashtakam

Blessed with Pujya Gurudev's grace, Nirmitaji has been a senior cofounding member of Chinmaya Mission Badri since 1979. A Balavihar & Yuva Kendra sevika, Nirmitaji is also a Hindustani Music teacher.

After recently completing the 2 year Vedanta Course in Trinidad under the guidance of Pujya Swami Prakashanandaji, Nirmitaji has been serving the Chinmaya Mission Chicago & Chinmaya Mission Omkara in Indiana, as a Spiritual Guide. 🌸

